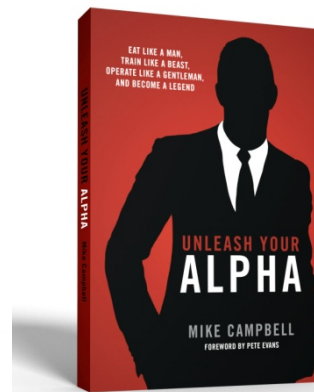


unleash your
ALPHA



As seen in: **Men's Fitness**



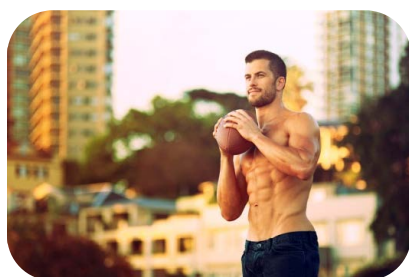
Do you want more out of life & become a better man?

ALPHA BENCHMARKING SESSION

Redefining the new modern day alpha male

Designed to paint a complete picture of where you sit in the 5 success factors in the *Unleash Your Alpha Program*, this session will put you through your paces and test you on vital aspects of your life. What you'll gain:

- Learn what dietary habits to follow in order to get lean, muscular and energetic
- Gain direction and clarity on your life and bigger mission
- **Learn how to eat like a man should eat, train like an athletic beast, operate like a true gentleman, and most importantly become a legend in your own body**



Founded by head coach & author Mike Campbell, the Alpha program is the complete guide to becoming the best man you can be. *Not just physically, but in all areas of your life.*

Run in small groups of 4 guys, this session is the perfect way to see what the program involves, where you sit on the 'True Alpha Continuum' and what it's like to work with Mike and his team.

What others are saying about the program:

"The Unleash Your Alpha programme was an extremely efficient way to lower body fat percentage and build lean mass. Every person should have access to this type of transformation. I'd sign up again in an instant!" - Will H



GET BENCHMARKED:

To find out more, book your spot, or enquire about when the next session is, contact mike on mike@unleashyouralpha.com

www.unleashyouralpha.com



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